



Specification Sheet

Product Name: Beef & Cheese & Textured Vegetable Protein Soft Taco

Stock Code: 44560/CM

Total Weight: 4.63 oz.

Weight of Cheddar Cheese: 0.501 oz.

Weight of Ground Beef: 1.3672 oz.

Percent Fat of Ground Beef: 20 %

*Weight of Hydrated TVP: 0.4973 oz.

Weight of Other Ingredients: 0.7645 oz.

Total Weight of Filling: 3.13 oz.

Total Weight of Whole Grain Corn Tortilla: 1.50 oz.

*CHS Legacy Foods, Inc. C (SF) protein content 50%.

The above product ready for serving contains 2.00 oz. of cooked meat alternate and 1.00 oz. equivalent grains towards the NSLP when prepared according to cooking directions.

Slight variation in piece weight is possible due to normal processing variance, however average weight per box will meet or exceed the stated weight.

This product is produced by M.C.I. Foods, Inc.

I certify that the above information is true and correct.

Signed for M.C.I. Foods, Inc.

President

Title

9/25/2013

Date



Revision Date: 9/25/2013

Nutritional Analysis

Code #: **44560/CM** Individually Wrapped Net Wt. (oz.) **4.63** Case Pack: **40**
Beef & Cheese & Textured Vegetable Protein Taco Servings Per Package: **1**
Serving Size **4.63 oz. (131.26 g)**
Weight of Filling (oz.) : **3.13**
Tortilla Type: Yellow Corn Weight of Tortilla/Bread (oz.) **1.5**

Ingredient Statement

Ingredients: Filling: Ground Beef (Not more than 20% Fat), Water, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May Contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin (B12)], Taco Seasoning (Spices [Including Paprika, Cumin and Oregano], Onion, Garlic, Potato Flour, Enriched Wheat Flour, (Flour, Niacin, Iron, Thiamine Mononitrate (B1), and Riboflavin (B2), Folic Acid), Cocoa, Corn Syrup Solids, Citric Acid and Natural Flavor), Isolated Pea Product, Salt, and Flavorings.

Whole Grain Corn Tortilla [Whole Grain Corn Flour (Yellow Corn Masa Flour, Propionic Acid (preservative), Guar Gum, Cellulose Gum, Benzoic Acid (preservative), Phosphoric Acid (acidulant), and Enzymes (to preserve freshness)), Water, Wheat Gluten, Leavening (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Rice Flour, Monocalcium Phosphate), Sugar, Salt, Calcium Propionate, Potassium Sorbate, Guar Gum, Fumaric Acid, L-Cysteine.]

Allergen Statement Contains WHEAT, SOY , MILK

National School Lunch Requirements CN # 085677 CN Date 12-12

Each **4.63** oz. Portion (cooked) will provide **2.00** oz. Meat/Meat Alternate and **1.00** oz. Equivalent Grains and
Cups Fruit/Vegetable Servings.

Nutritional Information		% Calories from Fat		44.94%		Basis of Analysis: as Cooked.					
Serving Size	4.63 oz. (131.26 g)	% Calories from Sat Fat		19.99%							
Servings Per Package:	1	Fats		Vitamins		%DV		Minerals		%DV	
Calories (Kcal)	272.3600	Total Fat (g)	13.6000	Vitamin A (RE)	0.00	10%	Iron (mg)	2.63	15%		
Calories from Fat	122.4000	Saturated Fat (g)	6.0500	Vitamin A (IU)	470.17		Sodium (mg)	475.70			
Protein (g)	19.1300	Trans Fat (g)*	0.4800	Vitamin C (mg)	0.29	0%	Calcium (mg)	194.75	20%		
Carbohydrates (g)	20.7500	Cholesterol (mg)	42.5900								
Tot. Dietary Fiber (g)	2.9400	Water (g)	55.7300								
Ash (g)	1.2000										
Fat Change +/- 0% Moisture Change +/- 0% Data Source: USDA Handbook 8 *-Trans Fats naturally occurring											

Heating Instructions

Heating Instructions: Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Pre-heat Oven to 300 Deg. F. Place Soft Tacos Flat on Cookie Sheet. Bake 25 Min. Frozen, 15 Min. Refrigerated.

For Additional Information Contact

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661

oz. equivalent grains
product



Revision Date: 9/25/2013

HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are Whole Grains to meet Group A

Product Code #: **44560/CM**

Product Name: **Beef & Cheese & Textured Vegetable Protein Taco**

Serving Size **4.630 oz. (131.26 g)** Weight of Filling (oz.) : **3.130** Weight of Tortilla/Bread (oz.) **1.500**

1) Product Ingredient Statement:

Ingredients: Filling: Ground Beef (Not more than 20% Fat), Water, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May Contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin (B12)], Taco Seasoning (Spices [Including Paprika, Cumin and Oregano], Onion, Garlic, Potato Flour, Enriched Wheat Flour, (Flour, Niacin, Iron, Thiamine Mononitrate (B1), and Riboflavin (B2), Folic Acid), Cocoa, Corn Syrup Solids, Citric Acid and Natural Flavor), Isolated Pea Product, Salt, and Flavorings.

Whole Grain Corn Tortilla [Whole Grain Corn Flour (Yellow Corn Masa Flour, Propionic Acid (preservative), Guar Gum, Cellulose Gum, Benzoic Acid (preservative), Phosphoric Acid (acidulant), and Enzymes (to preserve freshness)), Water, Wheat Gluten, Leavening (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Rice Flour, Monocalcium Phosphate), Sugar, Salt, Calcium Propionate, Potassium Sorbate, Guar Gum, Fumaric Acid, L-Cysteine.]

2) Underline all items that are whole grain in the Ingredient Statement (see above)

3) Serving size in grams for Whole grain bread component: 42.525 (g) or 1.00 oz. equivalent grains*.

* note: some products, such as Enchiladas, are to be served as 2 each in order to meet the full G/B serving

4) Total weight of all Whole grain ingredients in the bread component: 18.25 g Whole Grain Corn

5) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.25 g

6) Weight of primary ingredient in the bread component listed first in the Ingredient Statement: 18.25 g

A) The serving size for this food product equals 1 Grains/Bread Servings? YES

Per USDA FNS Policy Memo AP-30-2012 relating to Whole Grains Rich Criteria. This product provides 1 Whole Grain servings (based on 16 g per serving) and provides 1.00 oz. equivalent grains towards the National School Lunch Program. Some products, such as Enchiladas, are to be served two each in order to meet this criteria

B) The ingredient underlined above is considered whole grain? YES

C) Does the weight in item # 4 exceed (or is equal to) the weight in Item #5? YES

D) Does the weight in item # 4 exceed (or is equal to) the weight in Item #6? YES

E) Are the answers to items A, B & C yes? If yes, the food product meets GROUP A Criteria. Answer = YES

F) Are the answers to items A, B & D yes? If yes, the food product meets GROUP B Criteria. Answer = YES

M.C.I. Foods, Inc. purchases bread components (tortillas) that are made from blends of whole grain flours and enriched flours. The whole grain flour is 51% of the flour component and meets the definition of "whole grain rich" per USDA FNS Policy Memo SP-30-2012

Dan Southard,
President

9/25/2013

Date

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email

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